



Crowned Hart Preschools, Inc.

Brandts Child Care Center - Brighton Day Academy
Castle Brook Academy – Elkton Academy – Enchanted Forest Academy
CrownedHartPreschools.com

Nutrition Statement

Crowned Hart Preschools participate in the Florida Child Care Food Program, which requires a specific regimen of foods and serving sizes per age level. We exceed those standards and strive to offer the healthiest, appetizing meals to encourage your child to eat well. We will provide your child with a healthy, balanced menu for breakfast, lunch, and mid-afternoon snack while your child is in attendance at our schools.

Florida Child Care Food Program Nutrition Requirements:

- Meals and snacks must meet specific U.S. Department of Agriculture meal patterns and requirements.
- Meals and snacks must include, at a minimum, food components in amounts specified by age.
- The meal pattern food components are:
 - Fluid milk
 - Fruits and vegetables
 - Grains and Breads
 - Meat and meat alternates
- Breakfast must include at least three components (meat/meat alternate).
- Lunch must include all four components with an additional fruit and/or vegetable.
- A snack must include at least two different food components.

Child's Name: _____

I have read and understand the Crowned Hart Preschool Nutrition Statement.

Signed: _____ Date: _____

Parent/Guardian Signature